

SPSD Timetable Studio's 2 3
SEPTEMBER 2024

MONDAY	STUDIO 2	MONDAY	STUDIO 3
		10:00 - 10:40	Mini Movers -18 months to 3 yrs - Session
15:45 - 16:15	"Top of the Pops" for Tots Freestyle Disco		
16:20 - 16:50	Baby Lyrical From 5 years	15:45 - 16:15	Street Dudes - Boys Street from 3 yrs
16:55 - 17:25	Improvers Rock & Roll	16:20 - 17:00	Boys Street from 7 yrs
17:25 - 18:00	Advanced Juvenile Freestyle Disco	17:05 - 17:45	Mixed Street
18:00 - 18:30	Beginners Rock & Roll 7 Yrs Upwards	17:50 - 18:30	Senior Jazz
18:30 - 19:10	Beginner Competition Squad Training		
19:15 - 19:55	Advanced Senior Rock & Roll		
19:55 - 20:40	Advanced Senior Freestyle		
TUESDAY		TUESDAY	
16:00 - 17:00	Beginners Acro - From 7 years	15:45 - 16:25	Improvers Juv/Jun Freestyle Disco
		16:30 - 17:00	Improvers Lyrical - Group 1
17:05 - 17:45	Improvers Juvenile Freestyle Disco	17:05 - 17:45	NEW Juvenile Commercial
17:50 - 18:30	Intermediate Freestyle Disco	17:45 - 18:25	Juvenile Jazz 8 Yrs & up
18:35 - 19:15	Junior Advanced Rock & Roll	18:30 - 19:15	Juvenile Commercial 9 yrs & up
19:30 - 20:15	Advanced 'FITSTEPS'	19:20 - 20:05	Advanced Senior Commercial
WEDNESDAY		WEDNESDAY	
15:45 - 16:15	"Top of the Pops" for Tots Freestyle Disco	16:00 - 16:30	NEW Grade 1 Modern
16:20 - 17:05		16:35 - 17:40	
17:10 - 17:55	Improvers Freestyle 6-8 Years (Sally)	17:45 - 18:25	Grade 6 Modern
18:00 - 18:40	Beginner Freestyle 6 yrs & up (Sally)	18:30 - 19:10	Juvenile Contemporary from 9 yrs
18:45 - 19:30	Advanced Senior Lyrical (Tara)	19:10 - 19:50	Intermediate Lyrical (Jess)
		19:55 - 20:40	Contemporary from 13yrs (Jess)
THURSDAY		THURSDAY	
		09:50 - 10:30	Mini Movers -18 months to 3 yrs- Session
15:45 - 16:15	"Top of the Pops" for Tots Freestyle Disco	15:45 - 16:15	Pre Primary Ballet Group 1
16:20 - 17:00	Improvers Juvenile Disco	16:20 - 17:00	Grade 1 Ballet
17:00 - 17:30	Improvers Lyrical from 8 Yrs - Group 2	17:05 - 17:50	Grade 2 Ballet
17:30 - 18:15	Advanced Competition Training Squad	17:55 - 18:40	Grade 3 Ballet
18:20 - 19:05	Advanced Junior/Senior Freestyle	18:45 - 19:30	Grade 4 Ballet
19:10 - 20:10	Advanced Acro	19:35 - 20:05	Advanced Pointe
		20:10 - 20:55	Intermediate Ballet
FRIDAY		FRIDAY	
15:45 - 16:45	Intermediate Acro - 7yrs & Over	15:45 - 16:25	Primary Ballet
16:45 - 17:30	NEW Beginners Acro 5-7	16:30 - 17:00	Pre Primary Ballet Group 2
17:30 - 18:30	Improvers Acro - 7 years & Over	17:05 - 17:45	NEW Primary Ballet
18:50 - 19:30	Grade 4 Modern	17:50 - 18:30	Grade 1 Ballet
		18:35 - 19:05	Pre-Pointe Conditioning & Beginners Pointe
		19:10 - 19:55	Grade 5 Ballet
		20:00 - 20:45	Grade 6 Ballet
SATURDAY		SATURDAY	
08:45 - 09:30	Advanced 'FITSTEPS'	09:00 - 09:30	Top of the Pops for Tots' Freestyle
09:35 - 10:20	Improvers Juvenile Freestyle (Sally)	09:40 - 10:20	Beginners Juvenile Disco
10:25 - 11:10	Improvers Juvenile Freestyle (Sally)	10:25 - 11:05	Mini Lyrical (Tara)
11:15 - 12:00	Intermediate Freestyle (Sally)		